

Autumn / Winter Menu Week 2

26th Oct, 16th Nov, 7th Dec, 11th Jan, 1st & 22nd Feb, 15th March

Eativerse
A UNIVERSE OF FOOD AND DRINK

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Pork Sausages, Herby Potatoes with Choice of Vegetables 	Spaghetti Bolognese with Choice of Vegetables 	Roast Gammon, Yorkshire Pudding, Roast Potatoes and Choice of Vegetables and Gravy 	Margherita Pizza with Home-Baked Potato Wedges with Choice of Vegetables 	Fish Fingers, Chips with Peas & Baked Beans 
Main Meal Option 2	Macaroni Cheese with Choice of Vegetables 	Plant-based Spaghetti Bolognese ^{VG} with Choice of Vegetables	Sweet Potato and Lentil Roast, Gravy, Stuffing & Roast Potatoes with Choice of Vegetables ^{VG} 	Vegetable Biryani with Wholegrain Rice with Choice of Vegetables ^{VG} 	Cheese Quiche with Chips, Peas & Baked Beans 
Sandwich Choice	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 
Dessert	Shortbread Biscuit ^{VG}	Lemon Drizzle Cake & Custard	Fruit Jelly ^{VG} 	Chocolatey Orange Fudge Cake	Chocolatey Oaty Slice ^{VG}

Available Daily: Choice of Seasonal Fruit

Portion(s) of fruit or veg		Source of wholegrain		Contains plant-based proteins		50% Fruit		Oily Fish		Vegan	VG
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England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

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