



WORLINGHAM CEVC PRIMARY SCHOOL

PE CURRICULUM VOCABULARY



	TERM	EYFS	KS1	LKS2	UKS2
YEAR B	Autumn	<p>Topic Name: Fundamentals Vocabulary: balance, bend, crawl, direction, hop, fast, jump, land, rules, run, safety, slide, slow, space, stop, travel.</p> <p>Topic name: Ball Skills Vocabulary: bounce, dribbling, ball, catch, kick, hit, points, partner, roll, ready, score, run, throw, target.</p>	<p>Topic name: Ball skills Year 1: ready position, soft, swing, track, underarm. Year 2: collect, release, receive, prepare, touch.</p> <p>Topic name: Dance Year 1: balance, beat, copy, fast, level, pathway, pose, timing. Year 2: dynamics, expression, matching, mirroring, perform, speed, unison, create.</p> <p>Topic name: Gymnastics Year 1: action, control, direction, level, speed. Year 2: link, pathway, pike, sequence, straddle, tuck.</p>	<p>Topic name: Dance Year 3: canon, explore, extend, feedback, formation, interact. Year 4: action and reaction, flow, order, phrase, performance, relationship, represent, rhythm, structure.</p> <p>Topic name: Gymnastics Year 3: body tension, contrast, extend, flow, landing position, match, patch, point, take off. Year 4: bridge, fluidly, inverted, momentum, perform, rotation, shoulder stand, stability, wrist grip.</p> <p>Topic name: Unihoc Year 3: accurate, communicate, intercept, invasion, tackle, opposition, pitch, receiver, referee, teamwork, tournament, control, umpire, technique. Year 4: decision, limit, deny, pressure, delay, gain, protect, obstruct, option, cushion, opposing, momentum, supporting, accelerate.</p>	<p>Topic name: Swimming Year 5: continuously, dolphin kick, endurance, inhale, exhale, flutter kick, outstretched, personal best, retrieve, somersault, synchronised. Year 6: propel, streamline, afloat, conserve, buoyant, flexed, motion.</p> <p>Topic name: Dance Year 5: choreograph, choreography, collaboratively, genre, motif, posture, quality, transition. Year 6: inspiration, express, refine, style, stimulus, rehearse.</p> <p>Topic name: Tchoukball Year 5: tactics, passing, receiving, techniques. Year 6: leading, tactical awareness.</p>
	Spring	<p>Topic name: Dance Vocabulary: travel, start position, finish position, action, direction, move, shape, space, counts, slowly, quickly, high, low.</p> <p>Topic name: Gymnastics Vocabulary: around, balance, bend, copy, hold, jump, land, over, rock, roll, shape, squeeze, star, still, straight, through, travel.</p>	<p>Topic name: Invasion Games (Skittleball link) Year 1: attacker, defender, goal, track, mark, dodge. Year 2: goalkeeper, opponent, defend, attack, possession, send, shoot, teammate, tactic, receive.</p> <p>Topic name: Dance Year 1: balance, beat, copy, fast, level, pathway, pose, timing. Year 2: dynamics, expression, matching, mirroring, perform, speed, unison, create.</p> <p>Topic name: Gymnastics Year 1: action, control, direction, level, speed. Year 2: link, pathway, pike, sequence, straddle, tuck.</p>	<p>Topic name: Swimming Year 3: backstroke, breaststroke, floating, front crawl, H.E.L.P position, handstand, huddle, stroke, sidestroke, sinking, tactics, surface, surface dive, technique, treading water, water safety. Year 4: alternate, buoyancy, rotation, sculling, survival, submerge.</p> <p>Topic name: Netball Year 3: accurate, communicate, intercept, invasion, opposition, court, receiver, referee, teamwork, tournament, umpire, technique. Year 4: decision, limit, deny, pressure, delay, gain, protect, obstruct, option, opposing, momentum, supporting, accelerate.</p> <p>Topic name: Gymnastics Year 3: body tension, contrast, extend, flow, landing position, match, patch, point, take off. Year 4: bridge, fluidly, inverted, momentum, perform, rotation, shoulder stand, stability, wrist grip.</p>	<p>Topic name: Gymnastics Year 5: decide, canon, cartwheel, asymmetrical, extension, mirroring, observe, identify, performance, quality, transition, stable, symmetrical, synchronisation. Year 6: refine, stimulus, counter balance, counter tension, progression, formation, competent, engage.</p> <p>Topic name: Dance Year 5: choreograph, choreography, collaboratively, genre, motif, posture, quality, transition. Year 6: inspiration, express, refine, style, stimulus, rehearse.</p> <p>Topic name: Netball Year 5: ball carrier, barrier, close down, create, dominant, drive, sportsmanship, maintain, situation, support, stance, rebound. Year 6: consecutive, consistently, turnover, contest, appropriate, transition, draw, abide, assess.</p>
	Summer	<p>Topic name: Games (Units 1 & 2) Vocabulary: pass, space, catch, direction, partner, rules, team, score, aim, stop, points, lose, win.</p>	<p>Topic name: Net and Wall Games Year 1: batter, bowler, hit, ready position, batting, fielder, overarm, track, bowl, fielding, out, underarm. Year 2: backstop, runs, stump, collect, teammate, tactics.</p> <p>Topic name: Athletics Year 1: quickly, underarm, further, control, time, leap, underarm, walk. Year 2: distance, sprint, height, landing, far, aim, take off.</p> <p>Topic name: Sending and Receiving Year 1: net, ready position, track, racket, underarm. Year 2: against, defend, quickly, trap, receive, return.</p> <p>Topic name: Outdoor Adventurous Activities (OAA) Year 1: cooperate, share, instructions, lead, listen, plan, challenge, talk. Year 2: successful, map, support, solve, communicate, include.</p>	<p>Topic name: Athletics Year 3: personal best, relay, technique, baton, accuracy, strength, speed, power, event. Year 4: stamina, stride, measure, launch, officiate, pace, heave, transfer of weight, heave, record.</p> <p>Topic name: Football Year 3: accurate, communicate, intercept, invasion, offside, tackle, opposition, pitch, receiver, referee, teamwork, tournament, control, onside, technique. Year 4: decision, limit, deny, pressure, delay, gain, protect, obstruct, option, cushion, opposing, momentum, support, accelerate.</p> <p>Topic name: Rounders Year 3: accuracy, caught out, grip, no ball, run out, short barrier, strike, technique, tournament, umpire, wicket. Year 4: decision, momentum, pressure, retrieve, limit, compete, cushion.</p> <p>Topic name: Outdoor Adventurous Activities (OAA) Year 3: collaborate, compass, discuss, honest, interrupt, course, route, symbol, tactics, trust. Year 4: effectively, key, leader, reflect, role, orientate, navigate.</p>	<p>Topic name: Athletics Year 5: consistent, changeover, track, approach, momentum, drive, dominant, shot put, field, force, javelin. Year 6: maximum, strategy, rhythm, pattern, phase, grip, fling, stance, release, meet, explosive, discus.</p> <p>Topic name: Rounders Year 5: close catch, deep catch, long barrier, situation, stance, backing up. Year 6: abide, assess, consistently, consecutive, appropriate, collaborate.</p> <p>Topic name: Football Year 5: angle, close down, create, dominant, drive, sportsmanship, maintain, situation, support, stance. Year 6: consecutive, ball side, consistently, turnover, contest, appropriate, transition, draw, abide, assess.</p> <p>Topic name: Outdoor Adventurous Activities (OAA) Year 5: cardinal points, compromise, concise, critical thinking, landmark, negotiate, strategy, verbal, visual. Year 6: adhere, approach, contribute, evaluate, inclusive, location.</p>

Belonging, Courage, Curiosity, Kindness, Perseverance, Respect

Growing Minds, Kind Hearts, Rooted in Love

‘Rooted and Grounded in Love’ (Ephesians 3:16)