



WORLINGHAM CEVC PRIMARY SCHOOL

PE INTENT STATEMENT



School-wide: At Worlingham, we aim for children to develop the necessary knowledge and skills which will have a positive impact on their future by becoming physically active citizens to benefit their long-term health and well-being. By the time the children leave Worlingham CEVC Primary School, in line with the National Curriculum, our aim is that they will:

- Have developed competence to excel in a broad range of physical activities;
- Have developed an understanding of the importance of being physically active for sustained periods of time;
- Have experienced being physically active for sustained periods of time;
- Have engaged with both cooperative and competitive sport and activities within school lessons and outside of school lessons;
- Have learned the skills and awareness of leading a healthy active lifestyle;
- Be able to swim 25m in the water.
- Be able to use running, jumping, throwing and catching in isolation and in combination;
- Be able to apply basic principles for attacking and defending in competitive games;
- Have developed their flexibility, strength, technique, control and balance;
- Be able to perform dances using a range of movement patterns;
- Be able to engage with outdoor and adventurous activity challenges individually and cooperatively;
- Be able to make comparisons between their own personal performances, and be able to demonstrate improvements to achieve their individual goals.

Early Years: At Worlingham CEVC Primary School, we strongly believe that physical activity is crucial in children's all-round development, with it being the key to them leading happy, healthy, active lives. Our Physical Education provision begins in Early Years, and by the time the children progress into Key Stage 1, our children will have begun to develop their strength, stability, balance, spatial and positional awareness, coordination and agility. By the time our children reach the end of their Early Years provision, in line with the National Curriculum's Early Learning Goals, we aim for all children to:

- Be able to negotiate space and obstacles safely, with consideration for themselves and others;
- Be able to move energetically in ways such as running, jumping, dancing, hopping, skipping and climbing;
- Be able to demonstrate strength, balance and coordination whilst playing.

Key Stage 1: Throughout Key Stage 1, our children will continue to develop fundamental movement skills, and grow increasingly competent and confident with key skills such as balance, coordination and agility, which they can begin to apply in a range of activities. The children will be able to perform dances using simple movement patterns, which they will continue to build upon in Key Stage 2. Our children will engage in a wide-range of both competitive and cooperative physical activities, and will begin to explore the roles of attackers and defenders in team games.

Key Stage 2: In Key Stage 2, our children will build upon and strengthen the key skills they have engaged with in Key Stage 1, but will learn how to use them and adapt them in different ways, in different contexts. A key focus of the PE curriculum in Key Stage 2 is to develop a greater understanding of how they can improve across different physical activities and sports, and learn how to evaluate their own performances and success.

Belonging, Courage, Curiosity, Kindness, Perseverance, Respect

Growing Minds, Kind Hearts, Rooted in Love

'Rooted and Grounded in Love' (Ephesians 3:16)