Worlingham Primary School Spring Summer 24 – Week One 15 Apr, 6 May, 27 May, 17 June





y, 19 August, 9 Sept, 30 Sept, 21 Oct

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Wholemeal Cheese & Tomato Pizza served with Homemade Baked Wedges	All Day Pork Sausage Breakfast served with Baked Omelette, Country Diced Potatoes & Baked Beans	Chicken Pie Served with Mashed Potatoes	Creamy Korma Style Chicken Curry served with Mixed Rice	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal	Cheesy Beans Pitta Pocket	All Day Veggie Sausage Breakfast Served with Country Diced Potatoes & Baked Beans	Vegemince & Vegetable Pie (Ve) Served with Mashed Potato	Macaroni Cheese with Garlic Bread	Cheese Quiche Served with Chips & Tomato Ketchup
Jacket Potato Option	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans
Vegetable Selection	Selection of Daily Vegetables Or Mixed Fresh Salad	Selection of Daily Vegetables	Selection of Daily Vegetables	Selection of Daily Vegetables	Selection of Daily Vegetables
Dessert	Chocolate Shortbread Biscuits (Ve) & Fruit Slices	Marble Sponge & Custard	lced Banana Traybake	Chocolate Ice Cream	Oat & Raisin Cookie (Ve) & Fresh Fruit

Available Daily: Pick & Mix Selection, Fresh Bread & Fresh Fruit







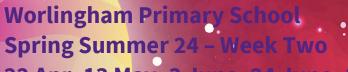


Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.







22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct

	WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Main Meal Option	Wholemeal Cheese & Tomato Pizza served with Homemade Baked Wedges	Summer Hot Dog Baguette served with Freshly Made Coleslaw Salad	Roast Gammon served with Skin on Roast Potatoes & Gravy	Beef Bolognese & Penne Pasta	Friday Fish Fingers served with Chips & Tomato Ketchup
	Vegetarian Main Meal Option	Vegetable Enchiladas (Ve) Served with a portion of Sunny Vegetable Rice	Summer Veggie Sausage Hot Dog Baguette (Ve) Served with Freshly Made Coleslaw Salad	Vegemince Cottage Pie (Ve)	Veggie Mince Bolognese & Penne Pasta (Ve)	Sweet Potato, Spinach & Chick Pea Korma (Ve) Served with Mixed Rice
	Jacket Potato Option	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans
•	Vegetable Selection	Selection of Daily Vegetables Or Salad	Selection of Daily Vegetables	Selection of Daily Vegetables	Selection of Daily Vegetables	Selection of Daily Vegetables
	Dessert	Ginger & Mandarin Traybake	Strawberry Jelly (Ve)	Freshly Baked Chocolate Cookie (Ve)	Flapjack Finger With a fresh slice of Fruit (Ve)	Homemade Shortbread Biscuits (Ve)

Available Daily: Pick & Mix Selection, Fresh Bread & Fresh Fruit







50% fruit



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Worlingham Primary School Spring Summer 24 – Week Thre 29 Apr, 20 May, 10 June, 1 July,





WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Wholemeal Cheese & Tomato Pizza served with Country Style diced Potatoes.	Farm Assured Pork Sausage Roll with Homemade Skin on Baked Potato Wedges	Roast Chicken served with Skin on Roast Potatoes & Gravy	Sticky BBQ Chicken & Vegetables served with Noodles	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal	Cheese and Tomato Melt Served with Country Style Diced Potatoes	Cheese & Onion Puff Pastry Roll served with Homemade Skin on Baked Potato Wedges	Savoury Vegetable Mince & Gravy served with a Yorkshire Pudding & Skin on Roast Potatoes	Macaroni Cheese with Garlic Bread	Quorn Burger in a Bun served with Chips & Tomato Ketchup
Jacket Potato Option	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans
Vegetable Selection	Selection of Daily Vegetables Or Mixed Fresh Salad	Selection of Daily Vegetables	Selection of Daily Vegetables	Selection of Daily Vegetables	Selection of Daily Vegetables
Dessert	Tutti Frutti Jelly and Mandarins (Ve)	Baked Apple Sponge served with Custard.	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon & Blueberry Yoghurt Cake	Homemade Flapjack (Ve)

ug, 2 Sept, 23 Sept, 14 Oct

vailable Daily: Pick & Mix Selection, Fresh Bread & Fresh Fruit









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