

Autumn/Winter Menu 2023/24

WORLINGHAM PRIMARY SCHOOL

Week One Dates 13/11, 4/12, 1/1, 22/1, 12/2, 4/3, 25/3

Week 1	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Cheese & Tomato Pizza and Baked Wedges	Chicken & Indian Lentil Tikka Masala Curry and Rice	Filled Yorkshire Pudding with Savoury Mince and Roast Potatoes	Pork Sausage Roll and Skin-on Baked Wedges	Cod Fish Fingers & Chips
Vegetarian Main Meal Option	Mexican Bean & Roasted Vegetable Burrito	Homemade Macaroni Cheese	Quorn Sausage Casserole in a Yorkshire Pudding & Roast Potatoes	Veggie Meatballs in Tomato Sauce with Rice	Mediterranean Vegetable Pasta Bake
Vegetable Selection	Mixed Vegetables Sweetcorn	Peas Cauliflower	Carrots Seasonal Greens	Green Beans Sweetcorn	Baked Beans Peas
Jacket Potato Options	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Cheese or Beans				
Dessert	Homemade Apple Sponge Cake	Oat Flapjack Finger	Homemade Vanilla Sponge and Custard	Fruity Strawberry Jelly & Mandarin Segments	Chocolate Shortbread

Week Two Dates 23/10, 30/10, 20/11, 11/12, 8/1, 29/1, 19/2, 11/3, 1/4

Week 2	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Cheese & Tomato Pizza & Baked Wedges	Hearty Pasta Bolognese with Peppers	Sausage with Yorkshire Pudding, Roast Potatoes and Gravy	Mexican Style Chicken, Bean & Sweetcorn Burrito	Cod Fishfingers & Chips
Vegetarian Main Meal Option	Loaded Cheesy Bean Hot Pitta Parcel	Plant-Based Bolognese Pasta with Lentils, Peppers & Basil	Quorn Sausage Toad in the Hole, Roast Potatoes and Gravy	Homemade Macaroni Cheese	Cheese & Onion Pastry Roll & Chips
Vegetable Selection	Sweetcorn Peas	Green Beans Carrots	Cauliflower Seasonal Greens	Sweetcorn Carrots	Baked Beans Garden Peas
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, or Baked Beans				
Dessert	Apple & Sultana Crumble Bar	Homemade Lemon Cake & Custard	Banana Cake and Fruit Slices	Chocolate Cookie	Fruity Strawberry Jelly

Week Three Dates 6/11, 27/11, 18/12, 15/1, 5/2, 26/2, 18/3, 8/4

Week 3	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Homemade Cheese & Tomato Pizza and Baked Wedges	Smoky Barbecue Chicken and Sweetcorn Meatballs & Rice	Roast Chicken, Roast Potatoes and Gravy	Beef Mince Chilli and Rice	Cod Fish Fingers & Chips
Vegetarian Main Meal Option	Quorn Sausage and Bean Loaded Hot Pockets	Plant-Based Mince and Lentil Cottage Pie	Lentil Roast, Roast Potatoes and Gravy	Homemade Macaroni Cheese	Tomato & Basil Pasta
Vegetable Selection	Sweetcorn	Mixed Vegetables Peas	Seasonal Greens Carrots	Green Beans Cauliflower	Baked Beans Peas
Jacket Potato Options	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, or Baked Beans				
Dessert	Chocolate Banana Cake	Oat Flapjack Finger with Fruit	Homemade Chocolate Sponge and Custard	Citrusy Lemon Drizzle Cake	Shortbread and Mandarin Pieces

Pick and Mix Selection

Fresh Bread, Salad Bar, Fresh Fruit Available Daily