



PHYSICAL EDUCATION EYFS SUBJECT PROGRESSION

	Fundamentals; Unit 1 Get Set for PE	Ball Skills; Unit 1 Get Set for PE	Dance Unit 1 Get Set for PE	Gymnastics; Unit 1 Get Set for PE	Games; Unit 1 Get Set for PE	Games; Unit 2 Get Set for PE
EYFS	<ol style="list-style-type: none"> 1. Develop fundamental movement skills through the topic of 'all about me', including balancing, running, changing direction, jumping, hopping and travelling. 2. Develop gross motor skills through a range of activities. 3. Learn how to stay safe using space, working independently and with a partner. 	<ol style="list-style-type: none"> 1. Develop ball skills through the topic of 'minibeasts'. 2. Develop fundamental ball skills such as rolling and receiving a ball, throwing to a target, bouncing and catching, dribbling with feet and kicking a ball. 3. Develop fine and gross motor skills through a range of game play using a variety of equipment. 4. Work independently and with a partner. 	<ol style="list-style-type: none"> 1. Develop expressive movement through the topic of 'everyday life'. 2. Explore space and how to use space safely. 3. Explore travelling movements, shapes and balances. 4. Choose actions in response to a stimulus. 5. Learn how to copy, repeat and remember actions. 5. Count and keep in time with the music. 6. Perform and give simple feedback to others 	<ol style="list-style-type: none"> 1. Develop basic gymnastic skills through the topic of 'animals and their habitats'. 2. Explore basic movements, creating shapes, balances, and jumps and begin to develop rocking and rolling. 3. Show an awareness of space and how to use it safely and perform basic skills on both floor and apparatus. 4. Copy, create, remember and repeat short sequences. 5. Begin to understand using levels and directions when traveling and balancing. 	<ol style="list-style-type: none"> 1. Develop an understanding of playing games through the topic of 'transport'. 2. Practise and further develop fundamental movement skills through games. 3. Score and play by the rules and learn how to work with a partner. 4. Begin to understand what a team is, as well as learning how to behave when winning and losing. 	<ol style="list-style-type: none"> 1. Practise and further develop fundamental movement skills through the topic of 'around the world'. 2. Develop skills by playing a variety of games. 3. Begin to understand how to work as a team, take turns, keep the score, play against an opponent and play by the rules.
Early Learning Goals	<p>Pupils should negotiate space and obstacles safely, with consideration for themselves and others. They should demonstrate strength, balance and coordination when playing. They should be taught to move energetically, such as running, jumping, dancing, hopping skipping and climbing.</p>					
Key Vocabulary	<p>Space, looking up, stretch, muscle, partner, pairs, run, walk, balance, throw, catch, hit, ball, cone, net, bean bag, jump, hop, carry, follow, lead, copy, sports, games, rules, move, forwards, backwards, equipment, speed, direction, bounce, push, pull, roll.</p>					

Community, Responsibility, Endeavour, Confidence, Curiosity, Grace

Massive Minds, Huge Hearts, Guided by God

"Like a tree, planted by streams of water, in all that we do, we will prosper"