

# SUMMER/AUTUMN 2022

## WORLINGHAM CEVC PRIMARY SCHOOL

### Week One Dates 20/06, 11/07, 12/09, 03/10

Week 1	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Margherita Pizza with Jacket Wedges	Pasta Bolognese & Garlic Bread	Roast Chicken with Stuffing & Gravy	Chicken Curry & Rice	Fish Fingers & Chips
Vegetarian Main Meal Option	Smoky Spiced Vegetable Stew with Rice	Sticky Barbecue Vegetables & Noodles	Roast Veggie Balls with Stuffing & Gravy	Veggie Burger with Potato Wedges	Vegetable Nuggets & Chips
Vegetable Selection	Green Beans Sweetcorn	Broccoli Fresh Carrots	Cauliflower Seasonal Greens	Sweetcorn Carrots	Baked Beans Garden Peas
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna Mayonnaise, Grated Cheese, Baked Beans				
Dessert	Apple Flapjack	Marble Cake & Chocolate Sauce	Jelly & Mandarins	Fruity Krackolet	Chocolate Cookie

### Week Two Dates 06/06, 27/06, 18/07, 29/08, 19/09, 10/10

Week 2	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Cheesy Macaroni Bake	Meatballs in Arrabiata Sauce & Pasta	Roast Gammon with Yorkshire Pudding, Roast Potatoes & Gravy	Chicken Pie & Mash	Fish Fingers & Chips
Vegetarian Main Meal Option	Taco with Veggie Chilli & Rice	Tomato & Basil Pasta	Roast Veggie Balls with Yorkshire Pudding, Roast Potatoes & Gravy	Margherita Pizza with Half Jacket Potato	Veggie Hot Dog & Chips
Vegetable Selection	Sweetcorn Garden Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Broccoli Sweetcorn	Baked Beans Garden Peas
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna Mayonnaise, Grated Cheese, Baked Beans				
Dessert	Oaty Crunchy Biscuit	Apple Crumble & Custard	Toffee Cream Tart	Shortbread & Fruit Wedge	Chocolate Brownie

### Week Three Dates 13/06, 04/07, 05/09, 26/09, 17/10

Week 3	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Vegetable Meatballs with Tomato Sauce & Pasta	Sausage & Mash with Gravy & Yorkshire Pudding	Roast Turkey with Stuffing & Gravy	Chicken Enchilada with Baked Potato Wedges	Fish Fingers & Chips
Vegetarian Main Meal Option	Tomato & Mozzarella Tart	Vegetable Curry & Rice	Roast Veggie Balls with Stuffing & Gravy	Veggie Mince Pasta Bolognese & Garlic Bread	Cheese & Onion Quiche with Chips
Vegetable Selection	Peas Garden Salad	Green Beans Cauliflower	Spring Greens Carrots	Broccoli Sweetcorn	Baked Beans Garden Peas
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna Mayonnaise, Grated Cheese, Baked Beans				
Dessert	Orange & Banana Muffin	Flapjack	Chocolate Pudding with Chocolate Sauce	Lemon Cake	Frozen Toffee Yoghurt

### PIC N MIX

**Fresh Bread, Salad Bar & Fresh Fruit Available Daily**