

# Autumn / Winter MENUS 2019/2020

## WORLINGHAM PRIMARY SCHOOL

**Week One Dates** 28/10/19 – 18/11/19 – 09/12/19 – 30/12/19 – 20/01/20 – 10/02/20 – 02/03/20 – 23/03/20

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Sausages with Creamed Potatoes & Gravy	Chicken Casserole & Potatoes	Roast Gammon with Roast Potatoes, Yorkshire Pudding & Gravy	Beef Pie with Creamed Potatoes & Gravy	Battered Fish & Chips
Vegetarian Main Meal Option	Veggie Mince Pasta Bolognese	Margherita Pizza with Baked Jacket Wedges	Quorn Roast with Roast Potatoes, Yorkshire Pudding & Gravy	Mac & Cheese	Vegetable Curry & Rice
Vegetable Selection	Cauliflower & Mixed Vegetables	Broccoli & Winter Coleslaw	Savoy Cabbage & Sweetcorn	Green Beans & Carrots	Garden Peas & Baked Beans
Jacket Potato & Pasta Option	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans	Pasta with a Cheese or Tomato Sauce	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans	Pasta with a Cheese or Tomato Sauce	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans
Dessert	Ginger Sponge & Custard	Fruity Flapjack & Apple Slices	Chocolate Sponge & Chocolate Sauce	Jam Sponge & Custard	Shortbread Biscuit & Fruit Wedges

**Week Two Dates** 04/11/19 – 25/11/19 – 16/12/19 – 06/01/20 – 27/01/20 – 17/02/20 – 09/03/20 – 30/03/20

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Beef Meatballs in Tomato Sauce with Pasta	Mild Chicken Curry with Rice & Naan Bread	Roast Turkey with Roast Potatoes, Stuffing & Gravy	Pasta Bolognese & Garlic Bread	Fish Fingers & Chips
Vegetarian Main Meal Option	Wholemeal Pizza with Baked Potato Wedges	Tomato & Basil Pasta	Lentil Roast with Roast Potatoes, Stuffing & Gravy	British Cheddar Quiche with Potato Wedges	Vegetarian Sausage & Chips
Vegetable Selection	Garden Peas & Fresh Salad	Carrots & Green Beans	Cauliflower & Mixed Vegetables	Broccoli & Sweetcorn	Garden Peas & Baked Beans
Jacket Potato & Pasta Option	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans	Pasta with a Cheese or Tomato Sauce	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans	Pasta with a Cheese or Tomato Sauce	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans
Dessert	Hot Chocolate Fudge Cake & Custard	Cornflake Tart & Custard	Shortbread Biscuit & Mixed Fruit	Feathered Jam Sponge & Custard	Ginger & Mandarin Muffin

**Week Three Dates** 11/11/19 – 02/12/19 – 23/12/19 – 13/01/20 – 03/02/20 – 24/02/20 – 16/03/20

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Beef Burger in a Bun with Jacket Potato Wedges	Cottage Pie	Roast Chicken Breast with Roast Potatoes, Yorkshire Pudding & Gravy	Homemade Chicken Pie with Creamed Potatoes	Fish Fingers & Chips
Vegetarian Main Meal Option	Veggie Mince Chilli with Rice	Cheesy Margherita Pizza	Quorn Roast with Roast Potatoes, Yorkshire Pudding & Gravy	Tomato, Vegetable Sausage & Macaroni Bake	Vegetable Nuggets & Chips
Vegetable Selection	Sweetcorn & Carrots	Broccoli & Fresh Salad	Cauliflower & Garden Peas	Mixed Vegetables & Savoy Cabbage	Garden Peas & Baked Beans
Jacket Potato & Pasta Option	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans	Pasta with a Cheese or Tomato Sauce	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans	Pasta with a Cheese or Tomato Sauce	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans
Dessert	Apple Crumble & Custard	Lemon Slice	Chocolate Crunch & Custard	Marble Sponge & Custard	Crunchy Biscuit & Apple Slices

**Pick and Mix Selection**

**Fresh Bread, Salad Bar, Fresh Fruit and Yoghurts Available Daily**